



triangle
youth ballet
at the Durham
Arts Council



Our Stage One Ballet Classes are an introduction to dance through a ballet-based creative movement for boys and girls. Using music, movement and make-believe, students develop their dance skills. Young dancers experiment with new ways to move their bodies, both directed and free-form, with attention to musicality and rhythm. Age-appropriate cognitive skills, such as counting, sequential organization, spatial awareness and comparative abstract concepts are woven into the class structure.

AUDREY FENSKE has been a member of the Triangle Youth Ballet family since 1995. She continued her studies at the Virginia School of the Arts, and received the Service Award upon graduation. She also attended summer intensives at Houston Ballet and BalletMet Columbus. She graduated from Duke as the University's first Dance major, with a double major in Developmental Psychology. While at Duke, she received the Louis Sudler Prize in the Arts for her choreography and performance work. Her choreography has been performed at various venues nationally, including the Piccolo Spoleto Festival in Charleston, SC.



DRESS REQUIREMENTS:
No Glitter Please!

3-4 year-old girls:

Pink leotard, pink tights or white socks and pink ballet shoes

Girls 5 and older:

Black leotard, pink tights and pink ballet shoes

All Boys:

White t-shirt, shorts or sweat pants, white socks and black ballet shoes.

Stage One:

Audrey Fenske, Instructor

3-4 Year Olds Pre-Ballet

10FA281.1

Saturdays, 9:15 AM – 10:00 AM

September 11 – October 23,
(7 weeks)

\$115

10FA281.11

Saturdays, 9:15 AM – 10:00 AM

October 30 – December 18,
(7 weeks)

NO CLASS NOVEMBER 27TH

\$115

5-6 year olds Pre-Ballet

10FA281.2

Saturdays, 10:00 AM – 11:00 AM

September 11 – October 23,
(7 weeks)

\$115

10FA281.22

Saturdays, 10:00 AM – 11:00 AM

October 30 – December 18,
(7 weeks)

NO CLASS NOVEMBER 27TH

\$115

7-8 year olds Pre-Ballet

10FA281.3

Saturdays, 11:00 AM – 12:00 PM

September 11 – October 23,
(7 weeks)

\$115

10FA281.33

Saturdays, 11:00 AM – 12:00 PM

October 30 – December 18,
(7 weeks)

NO CLASS NOVEMBER 27TH

\$115

Nutcracker Camp: A Holiday Treat 3 – 7 years

Join us for a dance camp for boys and girls. Camp includes creative movement, a pre-ballet class, art project, story time, healthy snack and culminates with a mini-Nutcracker production (video cameras welcome!) and holiday party.

10FA282

Monday – Wednesday, 9:00 AM – 12:00 PM.

December 20 - December 22, (3 days)

\$105