



triangle  
youth ballet  
at the Durham  
Arts Council



**Triangle Youth Ballet Stage One:** Audrey Fenske, Instructor

**3-4 year olds Pre-Ballet**

**12W281.1**  
Saturdays, 9:15 AM – 10:00 AM  
January 21 – March 10, (8 weeks)  
\$130

**12SP281.2**  
Saturdays, 9:15 AM – 10:00 AM  
March 31 – May 26, (8 weeks)  
**NO CLASS APRIL 7**  
\$130

**5-6 year olds Pre-Ballet**

**12W281.3**  
Saturdays, 10:00 AM – 11:00 AM  
January 21 – March 10, (8 weeks)  
\$140

**12SP281.4**  
Saturdays, 10:00 AM – 11:00 AM  
March 31 – May 26, (8 weeks)  
**NO CLASS APRIL 7**  
\$140

**7-8 year olds Pre-Ballet**

**12W281.5**  
Saturdays, 11:00 AM – 12:00 PM  
January 21 – March 10, (8 weeks)  
\$140

**12SP281.6**  
Saturdays, 11:00 AM – 12:00 PM  
March 31 – May 26, (8 weeks)  
**NO CLASS APRIL 7**  
\$140



**DRESS REQUIREMENTS:  
No Glitter Please!**

**3-4 year-old girls:**  
Pink leotard, pink tights or white socks and pink ballet shoes

**Girls 5 and older:**  
Black leotard, pink tights and pink ballet shoes

**All boys:**  
White t-shirt, shorts or sweat pants, white socks and black ballet shoes.

Triangle Youth Ballet is a 501 (c) 3 non-profit organization whose mission is to train dancers and to instill a deeper understanding of dance arts in our community. TYB offers professional training to aspiring dancers through classes, training workshops and performance opportunities. Through their repertory ballet company, TYB provides professional performance experience and the essential element for community outreach programs. The Triangle Youth Ballet is a performing member of the Southeast Regional Ballet Association and Regional Dance America. Since TYB's founding in 1995, we have presented over 100 Nutcracker Ballets

**Our Stage One Ballet Classes** are an introduction to dance through a ballet-based creative movement for boys and girls. Using music, movement and make-believe, students develop their dance skills. Young dancers experiment with new ways to move their bodies, both directed and free-form, with attention to musicality and rhythm. Age-appropriate cognitive skills, such as counting, sequential organization, spatial awareness and comparative abstract concepts are woven into the class structure.

**AUDREY FENSKE** has been a member of the Triangle Youth Ballet family since 1995. She continued her studies at the Virginia School of the Arts, and received the Service Award upon graduation. She also attended summer intensives at Houston Ballet and BalletMet Columbus. She graduated from Duke as the University's first Dance major, with a double major in Developmental Psychology. While at Duke, she received the Louis Sudler Prize in the Arts for her choreography and performance work. Her choreography has been performed at various venues nationally, including the Piccolo Spoleto Festival in Charleston, SC.

**YOUTH DANCE**

**Kids Hip Hop (Ages 7-9)**

Here is your chance to learn a basic street style movement vocabulary while increasing strength, flexibility and coordination. Learn combinations with an emphasis on commercial hip-hop. The class format includes a walking warm-up with hip hop drills to help students learn basic footwork, patterns and transitions while they boost heart rate, circulation and develop dance memory. A cross trainer with a non-marking sole recommended and be prepared to sweat! No running shoes allowed.

**12W483.1**

**Thursdays, 5:30- 6:30PM**  
January 19 – March 8, (8 weeks)  
Le'Brandi Johnson, Instructor  
\$88 or payments of \$44

**12SP483.1**

**Thursdays, 5:30- 6:30PM**  
April 5 – May 24, (8 weeks)  
Le'Brandi Johnson, Instructor  
\$88 or payments of \$44



## Parent/Child Clay Workshops!

These workshops are a great way to get creative with your child. Each workshop will allow your child, with your assistance, to create their very own ceramic artwork. Take one, or take them all! Workshops meet once a month, on a Monday from 10:00-11:30 AM. Each workshop is \$15 per child. Because the projects need to be fired, artwork will be available for pick up about two weeks after the workshop.

## Build and Paint a Bowl or Mug!

Handbuild a mug or bowl then decorate it using a variety of colored slips! Make it for that someone special or as your very own cereal bowl!

12W681.1

Monday, January 9, 10:00 – 11:30 AM

## Jungle Animals!

Create your own animal from a monkey to a tiger! You will learn how to use coils and slabs to make your very own creature.

12W681.2

Monday, February 6, 10:00 – 11:30 AM

## Thrown from the Wheel!

Even young ones can throw from the wheel. Our instructors will get your wheel piece started, and you and your child will complete it! Each piece will be dipped in clear glaze and fired.

12W681.3

Monday, March 5, 10:00 – 11:30 AM

Monday, March 5, 12:00 – 1:30 PM

## Easter Eggs!

Celebrate Easter by decorating a clay Easter Egg. Use stamps and color to create your own unique work.

12SP681.1

Monday, April 2, 10:00 – 11:30 AM

## Spring Flowers!

Celebrate spring by creating unique flowers out of clay. Use stamps to texture and decorate your work.

12SP681.2

Monday, May 7, 10:00 – 11:30 AM

## NEW! Parent/Child Clay Class! (Ages 5 -12)

This 4 week class is a great way for your child to get creative. In this class you are invited to work with you child (but not required) as they create their very own ceramic artwork. Learn different building techniques to create bowls, mugs, wind chimes, and anything else you can imagine.

12W412.1

Monday, 12:00 - 1:30 PM

February 7 – February 28, (4 weeks)

Becca Hulett, Instructor

\$66.50 per child

## YOUTH/TEEN VISUAL ART CLASSES

### NEW! Parent/Child Mural Painting Workshop (Ages 5-11)

Do you like to create BIG? Well then come and join our mural making workshop, focusing on the collaborative community mural making process and monumental painting. The class will include lessons in planning, composition design, drawing and painting technique and will result in a finished portable mural. In this class you are invited to work with your child, but not required. Participants will also have the opportunity to complete their own personal painting to take home. Join us for this unifying creative experience. A materials cost of \$20 is due to instructor at first class meeting.

12SP410.1

Mondays, 11:30 AM – 1:30 PM

April 2 – April 23, (4 weeks)

Brenda Miller Holmes, Instructor

\$72 per child

### NEW! Parent/Child Toddler Art Workshops (Ages 18 months - 4 yrs)

Come and join this magical art exploration and experimentation for toddlers and their caregivers. This early opportunity in art making will include multiple stations for creation including painting, collage, clay/playdough and more. In each experiential session, participants are encouraged to discover and create at their own pace and activities and materials will vary each session. Enjoy the process and watch your sprouting artists creativity unfold. Take one, or take them all! Workshops will meet once a month on Monday from 10:00-11:00 AM. Each workshop is \$12 per child.

12W412.1

Monday, February 13, 10:00 – 11:00 AM

12W4121.2

Monday, March 12, 10:00 – 11:00 AM

12SP412.1

Monday, April 9, 10:00 – 11:00 AM

### Messy Art (Ages 5 – 8)

This class will explore a variety of techniques that allow for creative expression in a fun and supportive atmosphere. A selection of visual resources will be used to introduce styles, techniques, and artists, and as inspiration for some of the lessons. No sessions are ever the same!

12W407.1

Wednesdays, 4:30 – 5:30 PM

February 8 – March 14, (6 weeks)

Sara McCreary, Instructor

\$70

12SP407.1

Wednesdays, 4:30 – 5:30 PM

March 28 – May 2, (6 weeks)

Sara McCreary, Instructor

\$70



### Build and Destroy: Clay for Kids (Ages 6-8)

Students will learn how to build various toys, household items, gifts, and objects of pure fantasy. Creativity and fun combine to create an imaginative introduction to clay and pottery. This class will take place at the DAC Clay Studio located at Northgate Mall.

12W408.1

Monday, 4:30 – 6:00 PM

February 6 – March 12, (6 weeks)

Sara McCreary, Instructor

\$106 or payments of \$53

### Build and Destroy: Clay for Kids (Ages 9-13)

Students will learn how to build various toys, household items, gifts, and objects of pure fantasy. Creativity and fun combine to create an imaginative introduction to clay and pottery. This class will take place at the DAC Clay Studio located at Northgate Mall.

12SP408.1

Monday, 4:30 – 6:00 PM

March 26 – April 30, (6 weeks)

Sara McCreary, Instructor

\$106 or payments of \$53

### NEW! Color Your World (Ages 14 – 18)

This class will offer a mixed bag of art projects with color being the main ingredient. We will explore the world of color through paint, pastel, collage, mixed media and more. Each lesson will focus on getting the most out of color. Bring your sunglasses it might get bright.

12SP409.1

Wednesday, 6:00 – 8:00 PM

March 28 – May 2, (6 weeks)

Anne Gregory, Instructor

\$128 or payments of \$64



**KINDERMUSIK**  
ABC Music & Me

ABC Music & Me is a researched-based language and early literacy program built around music. ABC Music & Me helps develop pre-literacy and language skills through a child's most-loved rituals: music and storytime. ABC Music & Me supports the early childhood standards and requirements for "high quality programs" as defined by the National Institute for Early Education.



**Friends and Family (Ages 2-3)**

Children will sing songs, say rhymes, dance, and play, all around the theme of friends and family members. They will listen to grandma and grandpa calling on the phone, hear a conversation between two friends, and take turns with classmates playing the triangle and rolling a ball. The story Flip-Flap, Sugar Snap will have the children listening and moving with lots of different animal family members. Come join the fun! Sing and play with your Family & Friends!

Home Kit: Home CD and magazine-style Family Guide (includes the class story Flip-Flap, Sugar Snap!) \$15 is due to teacher at first meeting for Home Kit.

**12W487.1**  
**Saturdays, 11:00- 11:45AM**  
February 11 – March 3, (4 weeks)  
Lashon Hayes, Instructor  
**\$50**

**Down On the Ground (Ages 2-3)**

This month in class we'll take a Listening Walk, and read about a girl who takes a silent walk with her father listening for sounds along the way. When you play the music CD, share the activities, and take a listening walk of your own at home, you'll help your child learn to love to observe and learn from the world around her. Home Kit: Snail, Home CD and magazine-style Family Guide (includes the class story The Listening Walk) \$15 is due to teacher at first meeting for Home Kit.

**12SP487.1**  
**Saturdays, 11:00- 11:45AM**  
April 14- May 5, (4 weeks)  
Lashon Hayes, Instructor  
**\$50**

**Home Sweet Home (Ages 3-4)**

Your child learns best in the comfortable surroundings and everyday activities of home. So we'll use this nurturing theme to turn our classroom into a pretend house. In your Home Kit read together the story about the different kinds of houses animals make—from spider webs to bird's nests. When you find these homes in your very own backyard, you reinforce the learning that's happening in class.

Home Kit: Home CD and magazine-style Family Guide (Includes the class story A House Is a House for Me) \$15 is due to teacher at first meeting for Home Kit.

**12W487.2**  
**Saturdays, 12:00- 12:45PM**  
February 11 – March 3, (4 weeks)  
Lashon Hayes, Instructor  
**\$50**

**Out & About (Ages 3-4)**

This month, we're taking pretend adventures to the mountains, the beach, and going on bike rides, and picnics. Meanwhile, your toddler gets lots of practice taking turns and interacting socially. And you'll love the take-home activities in your Home Kit, with great ideas for making an easy-at-home bird feeder. Plus, when you incorporate these class activities into your playtime at home, you're sharing in the learning happening in class. Home Kit: Home CD and magazine-style Family Guide (includes the class story Let's Go Froggy) \$15 is due to teacher at first meeting for Home Kit.

**12SP487.2**  
**Saturdays, 12:00- 12:45PM**  
April 14- May 5, (4 weeks)  
Lashon Hayes, Instructor  
**\$50**

**Rhythms of the Land (Ages 4-6)**

In class we'll explore the rhythms and sounds of Native American music. As we investigate, compare, and contrast a wide variety of drums and the materials they're made from, your preschooler develops the investigative vocabulary needed in the sciences. When you repeat rhythm patterns at home and share the activities in your Home Kit, your child gets an early start in math, too.

Home Kit: Jingle Stick instrument, Home CD, and magazine-style Family Guide (includes the class story Pedal Pump, Pedal Pump) \$15 is due to teacher at first meeting for Home Kit.

**12W487.3**  
**Saturdays, 10:00- 10:45AM**  
January 21 – February 11, (4 weeks)  
Lashon Hayes, Instructor  
**\$50**

**YOUTH GROUP MUSIC**

**Harp for Kids I (Ages 7-11)**

Join in the fun and synergy of learning to play the harpsicle in a group setting. Starting with kidsong favorites, your child will grow in harpistic skill, confidence, and musicianship. We sing, we clap, we play the harp!... Parents, Harpsicles are available for rent from The Harp Studio.

**12W473.1**  
**Tuesdays, 5:00 PM -6:00 PM**  
January 17 – March 6, (8 weeks)  
Winifred Garrett, Instructor  
**\$88 or two payments of \$44**

**12SP473.1**  
**Tuesdays, 5:00 PM -6:00 PM**  
April 3 – May 22, (8 weeks)  
Winifred Garrett, Instructor  
**\$88 or two payments of \$44**

**Guitar for Kids I (Ages 8-12)**

Kids, want to play your favorite songs on the coolest instrument? Learn basic chords plus how to read tab (a simple method of playing single notes.) No experience necessary. Bring your own guitar, acoustic or electric. If the latter, bring an amp and extension chord. No toy guitars please.

**12W476.1**  
**Tuesdays, 4:00 PM -5:00 PM**  
January 17 – March 6, (8 weeks)  
Luciano Suarez, Instructor  
**\$90 or two payments of \$45**

**12SP476.1**  
**Tuesdays, 4:00 PM -5:00 PM**  
April 3 – May 22, (8 weeks)  
Luciano Suarez, Instructor  
**\$90 or two payments of \$45**

